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**Your Promised Land – Psalm 139:16**

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**I. STAY IN YOUR BOOK (YOUR BOUNDARY)**

*Psalm 139:16 NLT You saw me before I was born. Every day of my life was recorded in your book. Every moment was laid out before a single day had passed.*

**A. What is in the Book?**

*"For I know the plans I have for you/" says the Lord. "They are plans for good and not for disaster, to give you a future and a hope. In those days when you pray, I will listen. If you look for Me in earnest, you will find Me when you seek Me." Jeremiah 29:11-13 NLT*

*"We have become His poetry, a re-created people that will fulfill the destiny He has given each of us, for we are joined to Jesus, the Anointed One. Even before we were born, God planned in advance our destiny and the good works we would do to fulfill it!" Ephesians 2:10 TPT*

**B. Outside our Book we have no authority**

*"But we will not boast of authority we do not have. Our goal is to stay within the boundaries of God's plan for us, and this plan includes our working there with you." 2 Corinthians 10:13 NLT*

"To get outside our God ordained sphere is unproductive and very dangerous, we open ourselves to satanic onslaughts, attack and even destruction." Robert Henderson, Operating in the Courts of Heaven.

**II. NEW BOUNDARY****A. Have the client ask Father God the following:**

1. "Father God, is it a good idea to check with You first before I agree to do anything to make sure it is in my book?"
2. "Father God, is this a good boundary?"

B. Rest in the fact that Father God knows what He is doing and everything has already been planned.

*"So, there is a special rest still waiting for the people of God. For all who enter into God's rest will find rest from their labors, just as God rested after creating the world. Let us do our best to enter that place of rest. For anyone who disobeys God as the people of Israel did, will fail." Hebrews 4:9-11 NLT*

C. Father God, what does my rest look like?

Theologians agree that this verse is about Jesus.

*"So I said, "Here I am! I'm coming to you as a sacrifice, for in the prophetic scrolls of your book you have written about me. I delight to fulfill you will, my God, for your living words are written upon the pages of my heart." Psalm 40:7-8 TPT*



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### **Recommended Reading**

The Bondage Breaker by Neil Anderson

The Gift in you by Dr. Caroline Leaf

Jesus Calling Daily Devotional by Sarah Young