



## THE GREAT EXCHANGE OF THE CROSS

### COMMUNION

*“And when He had given thanks, He broke it and said, ‘Take, eat; this is My body which is broken for you; do this in remembrance of Me.’ In the same manner He also took the cup after supper, saying, ‘This cup is the new covenant in My blood. This do, as often as you drink it, in remembrance of Me.’” 1 Corinthians 11:23-24*

When Jesus invites you to take and eat His body and drink His blood in remembrance of Him, He wants you to receive every benefit that He has provided for your salvation through His victorious work of the cross. You honor Him by receiving what He paid for.

### REMEMBER ALL HIS BENEFITS

*Psalm 103:3-5*

*Bless the LORD, O my soul, and forget not all His benefits:  
Who forgives all your iniquities,  
Who heals all your diseases,  
Who redeems your life from destruction,  
Who crowns you with lovingkindness and tender mercies,  
Who satisfies your mouth with good things,  
So that your youth is renewed like the eagle’s.*

Place your faith in God’s grace, the gift of His Son Jesus Christ and all the benefits that come through Him, and not your works. *“For by grace you have been saved through faith and that not of yourselves, it is the gift of God, not of works, lest anyone should boast.” Eph. 2:8-9*

### THANK GOD FOR ALL HIS BENEFITS

*Romans 10:10 “For with the heart one believes ... and with the mouth confession is made unto salvation.”*

The simplest way to receive all that Jesus Christ has done for you through the work of cross is by thanking Him for your salvation – for forgiveness, for healing, and for every need being met – with the confession of your mouth. (Hebrews 13:15; 1 Thes. 5:16-18; Psalm 103:3-5)

1. Jesus was punished and made sin with your sinfulness, so that you could be forgiven and made righteous. (Is. 53:4-5; Is. 53:10; Is. 61:10; 2 Cor. 5:21; Ps. 103:2)

Exchange: Give Jesus any sins you have committed or have been committed against you and receive the forgiveness and righteousness that He is offering you.

Say: Thank-You Jesus that You forgave me of all my sins and made me righteous.



2. Jesus was wounded that you could be healed. (Is. 53:4-5; I Peter 2:24; Ps. 103:2)  
Exchange: Give Jesus any sickness you are confronting and receive the healing He has purchased for you.  
Say: Thank-You Jesus that You have healed me of all my sickness.
3. Jesus was made a curse and died your death that you could receive the blessing and share in the life of Christ. (Gal. 3:13-14; Eph. 1:3; Heb. 2:9)  
Exchange: Give Jesus any area of your life where you are experiencing the curse and receive the blessing that He is offering you.  
Say: Thank-You Jesus that You have redeemed me from the curse of sin and death, and have blessed me with every spiritual blessing in the heavenly places in Christ Jesus.
4. Jesus endured your poverty that you could share His abundance. (II Cor. 8:9; 9:8)  
Exchange: Give Jesus any area where you are experiencing poverty or lack and receive the abundance He is offering you.  
Say: Thank-You Jesus that You have given me Your abundance.
5. Jesus bore your shame that you could share His glory. (Matt. 27:35-36, Heb. 12:2; 2:9)  
Exchange: Give Jesus any shame or disgrace you are experiencing and receive the honor and glory He is offering you.  
Say: Thank-You Jesus that You bore this shame and released me from it, allowing me to share in Your honor and glory in this life and in the next.
6. Jesus endured the rejection that you are experiencing so you could enjoy His acceptance. (Matt. 27:46-51; Eph. 1:5-6)  
Exchange: Give Jesus any rejection you are experiencing and receive the acceptance He is offering to you.  
Say: Thank-You for being my Father and for accepting me into your family.
7. Jesus was cut off by death that you could be joined to God eternally. (Is. 53:8; 1 Cor. 6:17)  
Exchange: Give to Jesus the things that are trying to separate you from Him and receive the Truth of being one with Him.  
Say: Thank-You that You allow nothing to separate me from You, having joined me to You eternally.
8. Your old man died in Jesus so that Christ could live in you. (Rom. 6:6; Col. 3:9-10; 2 Cor. 5:17)



Exchange: Give to Jesus your old identity in Adam and walk in your new identity in Christ Jesus.

Say: Thank-You that You have made me a new creation in Christ.

*The above list was adapted from "Bought with a Blood" by Derek Prince.*