



Session 2 Joy and Triumph of Singing Scripture

I. SINGING THE WORD

By Wes Gorospe

A. Power Washing

Many years ago, my singing coach told me to sing from my diaphragm, and not from my head and throat because it makes a fuller more powerful sound.

Recently, the Lord told me that singing the Word from my diaphragm is even more powerful because *“out of your belly shall flow rivers of living water” (John 7:38)*, and there is power in *“the washing of the water of the Word.” (Eph. 5:26)*

B. Singing can be a powerful weapon of warfare.

1. 2 Chronicles 20:15-21 describes how King Jehoshaphat appointed singers to go in front of his army into battle against 3 armies, which the Lord defeated for them.
2. Psalm 68:24-27 speaks of the singers going in front of the armies.
3. Having the mindset of being part of God’s army is very important. An army must be united as a team in order to be effective. When all of the personnel are engaged together as one, the results can be devastating to their enemies. But if some of the personnel decide NOT to engage, the results could be very disappointing, and potentially devastating.
4. Just like on a sports team, if one or a few members take a few plays off, the result will never be consistent winning. Non-participation is never a winning formula.
5. Some have asked the question, why are spiritual results so much more dynamic overseas, and so anemic in the US?
 - a. Could the answer be as simple as non-participation?
 - b. How many times have I gone into a worship service and just looked around observing others, instead of engaging, entering into worship. Jesus said, *“If 2-3 of you agree...”* great things could happen.
 - c. I think that in many other countries, the hunger for a move of God is more desperate than here, and so you have much more engagement...vs... spectatorship.

C. As in Psalm 1, delighting in the Word day and night - singing the Word, making melody in your heart, i.e., *“rejoicing in the Lord always”* or *“praying without ceasing”*... these are the activities of engagement that can lift you out of mediocrity and into seeing the manifest power of God. And, that is how joyful triumphant overcomers operate. (Phil. 4:4, 1 Thes. 5:17, Eph. 5:19)

D. Singing the Word is just one tool in your tool belt, but it is one that can jump start your quest for joyful triumphant overcomer status.

1. The best way that I know of to get joy and triumph in your life is through singing SONGS of scripture.

Psalm 89:1 “I will sing of the Lord’s great love forever; with my mouth I will make Your faithfulness known through all generations.”

Psalm 32:7 “...You surround me with songs of deliverance, songs of victory.”

2. Songs can help you to remember/retain/recall things. Think about songs you learned as a kid; Twinkle twinkle little star...Mary had a little lamb...Jesus loves me this I know. How is it that you still remember them to this day; yet, do you remember your 1st or 2nd grade teacher’s names, though they spent many months with you?
- E. Scientists have found that singing music stimulates more parts of the brain than any other human function.
1. Music is often used to treat anxiety disorders because it causes important chemical levels to increase naturally. Serotonin, dopamine, endorphins, and oxytocin levels rise when the brain is stimulated by music. But, you have to have the right kind of music! “Heavy Metal” music actually does the opposite, and kills brain cells and causes confusion, according to scientific research.
 2. Think about David playing his harp to sooth Saul during times of his anxiety. (1 Samuel 16:23 “Whenever the tormenting spirit from God troubled Saul, David would play the harp. Then relief would come to Saul; he would feel refreshed, and the tormenting spirit would leave him.”) I would guess that he was singing psalms while he played.
 3. According to Science:
“The left side of the brain is where words come from. (logic)
The right side of the brain is where music happens. (creativity)
The back of the brain connects them rhythmically in song. (organization)
The front of the brain contributes the emotional reactions. (feelings).”
So...all parts of the brain are stimulated and work together when lyrical music is heard and sung. (From: “Singing Scripture” by Julie Meyer, pg. 60)

II. THE WORD OF GOD USED AS THE LYRICS

- A. When the Word of God is used as lyrics, the Holy Spirit will watch over those Words (Jer. 1:12) to renew your mind, transform your mind, change your heart, and put you on the path to grow into a “Joyous and Triumphant Overcomer”.

Hebrews 4:12: “For the Word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart.”

Romans 12:2: “and do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.”

- B. This is why we sing and record scripture songs; the benefits are enormous.

Psalm 107:20 “He sent His word and healed them and delivered them from their destruction.”

Romans 10:17 says, “Faith comes by hearing, and hearing by the Word of God.”

- C. Jesus Himself IS the Word! So, by knowing the scripture promises, you will know the Lord better.

John 1:1, 14 “***In the beginning was the Word, and the Word was with God, and the Word was God. The Word became flesh and made His dwelling among us. We have seen His glory, the glory of the one and only Son from the Father, full of grace and truth.***”

And where Jesus is, the Holy Spirit also is; “***and where the Spirit of the Lord is there is liberty.***” (2 Cor. 3:17)

III. BENEFITS OF THE WORD

Healing, Deliverance, Faith, Liberty/Freedom, Power over the enemy, Spiritual Growth...

- A. Singing scripture is a step of faith. It is usually outside of one’s comfort zone, which is great because it forces you to exercise faith.

Romans 14:23 “***Whatever is NOT of faith is sin.***”

- B. It’s best to step right into it and not try to think too much about it.

Proverbs 3:5 “***Trust in the Lord with all your heart, and don’t lean on your own understanding...***”

- C. The benefits of singing the scripture are all of the above PLUS you will be able to hide the Word in your heart more permanently, so that you can recall a needed promise when you actually need it.

1. I had a close friend whose mind was always tormented by crazy thoughts; I told her that whenever one of those thoughts came to mind, immediately quote a scripture, like “I have the mind of Christ”, or God has not given me a spirit of fear.” Replace the evil thought with a righteous thought. Most of the time, the replacement of the evil thought with the Lord’s word was enough to win that battle, and bring her peace.
2. I personally used my own scripture songs extensively for encouragement when travelling back and forth to CHLA and UCLA for several years...battling fear and doubt with the truth of God’s Word.

- D. Only the Word of God, the promises from God to you in His Word can make you a truly joyous and triumphant person **IF** you will take the time and effort to read, meditate on, and abide in and live it out. All of the benefits stated above: faith, healing, growth and more, can be yours starting right now. Singing the scriptures will jump start the process, and help you to retain what you study, what you read, what you need.

- E. The scripture promises have been given to us...it is now up to us to walk in the authority of them in our lives, to make them our own, and live as the true Royal priesthood that Jesus died for.

IV. ENLARGES AND EXPANDS OUR TIME IN PRAYER

By Lynn Gorospe

- A. Singing scripture and singing in tongues sustains our prayer time. Instead of vain repetitions we connect to the Lord in a deeper way. As we humble ourselves and repent we experience intimacy with the Lord, revelation, restoration, strength and wisdom. He desires that His children love Him and experience all of who He is.
- B. Singing is a simple practice and yet it accesses the deep places of our hearts and keeps us connected to God enabling us to continually praise the Lord. Jesus is the Word (Truth) Holy Spirit brings conviction, comfort, clarity, inspiration and power.

Psalm 51:1 “Have mercy on me, O God, according to Your lovingkindness; According to the greatness of Your compassion blot out my transgressions”.

Acts 3:19 “Repent therefore and be converted, that your sins may be blotted out, so that times of refreshing may come from the presence of the Lord,”

Psalm 34:1&4 “I will bless the Lord at all times; His praise shall continually be in my mouth.”... “I sought the Lord, and He heard me, and delivered me from all my fears.”

John 4:23 “But the hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth; for the Father is seeking such to worship Him.”

V. REIGNING WITH CHRIST

- A. Our life on earth is about learning to reign with Jesus. We are an army of worshipers. Praise and worship places Jesus Christ in front of the army. Worship is our response to His magnificence and restores intimacy to Him. Worship is necessary to advance the kingdom of God on earth. Jesus appointed us as kings and priests and gave us “power of attorney” to pray “in His Name.” We were created in His image to have dominion over creation.
- B. We have challenges and adversity. As we face our cross will we continue? Will we surrender to God and walk through the cross to the resurrection side where we find everything we need? What will we need to let go of so that we can hold the triumph, the victory and the blessings?
- C. Our hearts and our spirits need to meet His heart and Spirit in worship before we do the work that we are called to do. God transforms us so that we transform everyone around us. Jesus said we are in Christ and He is in us. We need to fill our hearts and minds with the Word and spend time in the secret place so that we know God so well that whatever we ask in His name it will be done. As we represent Jesus by loving the Father and abiding in His love, power comes from Holy Spirit and the Father is glorified.

1Peter 2:9-10 “ You are a chosen generation, a royal priesthood, a holy nation, His own special people, that you may proclaim the praises of Him who called you out of darkness into His marvelous light; who once were not a people but are now the people of God, who had not obtained mercy but now have obtained mercy.”

Eph. 3:20-21 "Now to Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us, to Him be glory in the church by Christ Jesus to all generations, forever and ever. Amen."

Matt 12:35 "A good man out of the good treasure of his heart brings forth good things, and an evil man out of the evil treasure brings forth evil things."

2Cor 3:18 "But, we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, just as by the Spirit of the Lord."

VI. JOIN WITH HEAVEN

All of heaven and all of nature on earth are worshiping.

- A. We are created to worship the Lord. God delights in our worship. We become like the One that we worship. Joy breaks out and we become free.
- B. As worship is restored it will restore the fellowship with the Father that was taken away in the garden of Eden.
- C. Corporate worship releases a sound that wholly expresses God's heart. We are in harmony. We experience maturity, strength and unity as we join our hearts to worship the Lord. We are in agreement with God's attributes.

Psalm 149:1,4 "Praise the Lord! Sing to the Lord a new song, and His praise in the assembly of saints. For the Lord takes pleasure in His people; He will beautify the humble with salvation."

Rev 5:13 TPT "Then every living being joined the angelic choir. Every creature in heaven and on earth, under the earth, in the sea, and everything in them, were worshiping with one voice, saying:

"Praise, honor, glory, and dominion be to God-Enthroned and to Christ the Lamb forever and ever!"

Rev 4:8 "...and they do not rest day or night, saying:

Holy, holy, holy, Lord God Almighty, who was and is and is to come!"

11 "...saying: You are worthy, O Lord, to receive glory and honor and power; for You created all things, and by Your will they exist and were created."

VII. SCRIPTURE TO SING

2 Timothy 1:7 "God has not given me a spirit of fear, but a spirit of power and love and a sound mind."

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